

ALFORD LAKE CAMP TRUNK LIST - CAMPER'S NAME:

(30" footlocker - please tape this list inside the lid of the trunk)

REQUIRED OFFICIAL ALC CLOTHING available only through Maine Camp Outfitters (MCO)	# needed	Notes	#packed at home	# packed at camp
ALC Navy Shorts	4	White shorts are no longer required but may be worn if you wish. At least 1 pair of navy shorts must be jam style or flat front		
ALC "Jam" style				
ALC "Flat front" shorts				
ALC Mesh shorts with logo				
ALC Blue T-Shirts with logo	4			
ALC White T-Shirts with logo	2			
ALC Navy Sweatshirt	1	(either hooded or crew) with logo		
OTHER NECESSARY CLOTHES		Items with * are available from Maine Camp Outfitters		
Fleece type jacket	1	Navy blue preferred		
Navy sweatpants*	1			
Short sleeve wicking shirt*	1	optional - good for Out of Camp Trips		
Long sleeve white t-shirt*	1	MCO's has logo		
Blue jeans	2			
Socks: cotton crew*, golf socks	12			
Underwear*	12	MCO's are white cotton		
Warm sleepwear*	1			
Lightweight sleepwear	1			
Swimsuit*	2 or 3	please note swimsuit policy in parent handbook		
White bathing caps	2	Must be white for safety. Please write your camper's first and last names on these caps with permanent marker		
Swim goggles		optional		
Warm bathrobe	1			
Waterproof rain jacket with hood	1			
FOOTWEAR				
Rainboots	1			
Lightweight hiking boots, laced high-top walking shoes, or heavier hiking boots	1	Older campers interested in hiking trips should bring hiking boots		
Sneakers	2			
Crocs or "teva/keen" type sandals	1			
Flip-flops	1	for use to and from the waterfront		
PERSONAL ITEMS				
Toothbrush & toothpaste				
Soap		please make sure all toiletries are free of nut ingredients		
Brush/comb		ALC provides shampoo		
Sunblock & Insect repellent		waterproof & not aerosol spray		
Deodorant				
Envelopes, stationery & stamps, pens/pencils		pack in ziplock bag so envelopes don't seal themselves due to humidity		
Books				
Camera		optional		
Musical Instrument		optional		

PERSONAL ITEMS cont'd	# needed	Notes	#packed at home	# packed at camp
ALC songbook		new campers will receive one at camp		
Stuffed Animal & family photos		push pins help to hang photos in the tent		
Sudoku & puzzle books, Deck of cards, small games, Coloring & Bracelet supplies		Please do not pack or send any magazines		
LINENS		If you choose not to bring your own bedding, ALC will provide it.		
Twin size fleece blankets	2	optional		
Twin size flat sheets	3	optional		
Pillow case	2	optional		
Pillow	1	optional		
Bath towels	2			
Beach towels	2			
Hand towels	2			
Sleeping bag	1	with stuff sack, synthetic fill recommended as it stays warm when wet		
OTHER EQUIPMENT				
Flashlight and/or headlamp	1	please pack three sets of batteries		
Crazy creek type chair*	1	optional		
Backpack day hiker type	1			
Water bottles*	2	1 quart size, sturdy Nalgene recommended		
SPORTS EQUIPMENT				
Tennis Racquet	1			
Lacrosse/field hockey sticks		Optional		
Lacrosse goggles		Sports safety equipment is required for any camper who wishes to play		
Molded mouthguard				
RIDING EQUIPMENT		See important safety details below		
Riding pants	1	Tight-legged jeans or jodhpurs		
Riding boots	1	Riding equipment stays at the barn so rainboots can't be used.		
Riding helmet	1	the helmet must meet the ASTM #F1163-04a* standard and bear the SEI seal		
TRIP EQUIPMENT		Some of these items can be borrowed from camp or from friends		
Wool socks*	2			
Wool sweater or fleece	1			
Winter hat	1			
Polypropylene long sleeved top & bottom	1	Recommended for Blazers & Guides who hope to go on OOCOT		
Frame pack		optional		
Nylon wind pants/rain pants	1	Recommended for Blazers & Guides who hope to go on OOCOT		
Ensolite pad	1	Ridgerest or thermarest recommended		

Riding Pants and Riding Boots: Safety is a constant focus of the ALC Riding staff. Appropriate riding apparel is necessary to help guard the campers against accidental injury. Each camper choosing to participate in the riding program will be required to wear a riding "hard hat", long pants (not too loose), and boots or sturdy shoes with heels. The footwear must have smooth soles; hiking boots cannot be used since they can get caught in the stirrups and present a definite hazard to a rider. **Riding Vest/Riding Back Protector:** If your child has a riding vest (or back protector), please feel free to send it with her. **Riding Helmets:** ALC has invested in horseback riding helmets that meet the American Society of Testing Materials (ASTM) #F1163-04a* standard for safety and bear the seal of the Safety Equipment Institute (SEI). Campers may borrow a helmet from ALC or may bring their own riding helmet from home. Campers borrowing from ALC will be sharing the helmet with several other campers. **(*The '04 in this number refers to the year the helmet was manufactured and in which specific standards and testing were applied). We highly recommend that helmets have a date no earlier than '04.**

In order to avoid lost items EVERYTHING Must Be Clearly Marked With: SEWN-ON NAME TAPES (MCO will sew in if clothing is ordered by April 1) or 'Mabels Labels' type tapes (www.mabelslabels.com) for clothing OR PERMANENT MARKER or 'Mabels Labels' type tapes for all other items